

Physical Education (K-12)
NC State University
(for plans of study written after July 1, 2010)

Competency		Course Prefix & Number	Course Title	Course Offerings
Two to three semester hours are required to fulfill each of the following competencies unless otherwise noted.				
C	Anatomy or Physiology	HESM 478	Exercise Physiology and Sports Science (3)	
D	Fitness, Nutrition, & Obesity Prevention	HESM 286	Nutrition, Exercise, and Weight Control (2)	

Posted: June 17, 2013

Revised: Spring 2013

Course Offering Codes:

F=Fall, S=Spring, SS=Summer Session, UD=Upon Demand

e=even years, o=odd years, ^=online

Course typically offered **on campus** if shaded.

Notes:

- These are typical course offering schedules. Courses are not guaranteed to be offered at these times.
- Please check with the college/university for course availability each semester.
- Some courses require prerequisites be met prior to registration. An asterisk (*) denotes a prerequisite course.
- For more information from this institution, click here, www.ncsu.edu.